

Today we are talking about

## Conflict

### Mentor Guide—Questions to ask you mentee...

1. Who is a person that you have a hard time getting along with? Why?
  
2. Can you describe a recent conflict?
  
3. When you have a conflict, how do you usually handle it?
  - A. Yell at the person
  - B. Hit the other person
  - C. Walk away
  - D. Ignore the problem
  - E. Talk to the other person
  - F. Insult them
  - G. Use foul language
  - H. Make obscene gestures
  - I. Get *really* angry
  
4. What are the pro's and con's of the different methods listed above?
  
5. What helps you when you feel angry or frustrated?
  
6. What is an action step you can take to help you handle conflict better?



Happy is the man who finds wisdom...

—Proverbs 3:13

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  - I. Get *really* angry
4. What are the pro's and con's of the different methods listed above?
5. When it comes to conflict what is your best advice?

An action step I can take to help me resolve conflicts better is:

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# Last time we talked about

## Conflict

### Debrief Guide (to be completed by mentor)

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. Last time we talked about how to handle conflict. What do you remember about that conversation? (*mentee's response*)

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2. Can you tell me about an action you took? (*mentee's response*)

- No.  
 Yes. Explain:

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3. Mentor Comments and Observations

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*Mail, fax(480.767.6706), or e-mail completed form to MKUSA.*



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