

6 Month Review

Congratulations!! You made it half way through your first year as a match. The 6 Month Review is a chance to review your first 6 months together and also set some goals for the next 6 months. This review will take anywhere from 30 minutes to 1 hour so find a comfortable and quiet place, grab a pencil or pen, and get ready to review! There are 2 sections to this review.

Section 1: Review Questions

This first part is all about remembering some special moments and talking about what you've learned together. Please take some time to ask each other the questions on page 2 and write down the answers. Relax and have fun...this isn't a test. Once you have completed Section 1 (page 2) please move on to Section 2 (pages 3 – 5).

Section 2: Setting Goals

Now that you've looked back on the last 6 months together, take some time to look forward at the remaining 6 months. Follow the instructions on pages 3 and then use page 5 to write your own goals. Please note that one of the goals must be in the Community Service category.

Check List

Use this check list to stay on track:

- Section 1: Review Questions
- Section 2: Setting Goals
- Return a copy of Section 1 and goals to our Mentor Coordinator by mail, fax, or email attachment.

MentorKids USA
15300 N 90th St. #200
Scottsdale, AZ 85260

Fax: (480) 767-6706

6-Month Review

Mentor: _____

Match Date: _____

Mentee: _____

Review Date _____

1. What do you remember about the first day that you were matched?

2. What are some of the activities that you have done together?

3. Can you remember something funny that happened when you were together?

4. a. What do you admire or like about your mentor? What makes him/her special?

b. What do you admire about your mentee? What makes him/her special?

5. What have you learned since you have been matched?
Mentee:

Mentor:

6. What have you learned about God?

6 Month Goal Setting

Setting goals is a good skill to develop...no matter how old you are. Having goals for ourselves helps us live with purpose and accomplish things that are important to us. There is also a great deal of satisfaction that comes after we accomplish a goal. At the 6 month mark all MentorKids USA matches make goals together. The match (that's you!) then works towards accomplishing those goals together during the second 6 months. In order to complete this part of the 6 month review, use pages 3 – 4 to brainstorm ideas for at least 3 goals you would like to accomplish together. One of those goals must be in the category of Community Service. You are free to choose goals in two (or more) other categories. Once you decide on your goals, use the "Goals" sheet (page 5) to write your goals and steps you will take to accomplish those goals. Be as specific as possible.

Community Service:

Examples:

- Feed the homeless at a shelter or church
 - Volunteer at an animal shelter
 - Come early and help set up at an MKUSA event
 - Pick up trash around your neighborhood
- (Hint: churches are good places to find volunteer opportunities.)

Academic

Examples

- Raise your grade in a certain class
- End the year with a certain grade point average (GPA)
- Improve reading skills by reading out loud with your mentor
- Improve your school attendance
- Improve writing skills by writing an essay with your mentor
- Research a topic together at the local library (Hint: Ask the librarian about research methods or a research tutorial.)

Spiritual

Examples:

- Bible study (age appropriate)
- Watch a movie about a biblical character/story
- Go to church/Sunday school/youth group together
- Go to a Christian concert
- Start a prayer journal
- Read through a book of the Bible together
- Memorize Scripture together

Relational (family, friends, teachers, etc)

Example

- Say, "I love you" more often to your mom/dad/guardian/siblings
- Fight less with siblings/parents/guardians
- Get along better with a teacher at school
- Get along better with a peer at school
- Make 1 new friend at school
- Volunteer to help a teacher in class
- Help a friend with homework
- Offer to help with chores around the house

Skill Building

Examples:

- Create a budget
- Wash a car
- Change the oil of a car together
- Create a grocery shopping list
- Fix something around the house
- Bake cookies/cake/treats
- Make a meal
- Learn how to open a bank account at your local bank
- Fill out a job application
- Build a resume
- Paint a picture
- Build a model (car, airplane, etc)
- Explore a new activity/sport/hobby

Here is an example:

Goal: Our community service goal is to participate in a community service project together through mentor's church. **Steps to accomplish this goal are:**

1. research volunteer opportunities through mentor's church
2. sign up for volunteering for a specific event
3. go and volunteer on the arranged date

Now it's your turn!

1) **Category:** Community Service

Goal:

Steps to accomplish goal:

2) **Category** (circle one): Community Service, Academic, Spiritual, Relational, Skill Building.

Goal:

Steps to accomplish goal:

3) **Category** (circle one): Community Service, Academic, Spiritual, Relational, Skill Building.

Goal:

Steps to accomplish goal: